

# Get the edge with Internships and Global Experiences

Global, virtual and domestic opportunities to enhance your employability and enrich your global mindset





# MAYA McGill University, Canada

Even though Montreal has a fairly western culture, learning to cope with differences between home and your exchange country fosters the ability to tolerate and celebrate our diversity.

As a result of putting myself into a completely foreign environment, I became particularly adaptable to any situation that was thrown at me. Relying only on myself hugely improved my resilience and independence, because I always had to have my own back in every situation.

The most challenging yet most worthwhile experience of my life!

# Internships and Global Experiences

Whether you choose to study overseas, or get hands-on experience with an internship (domestic, virtual or global) we have a range of opportunities for you to enhance your employability while opening your mind to the workforce, new people and cultures, and new places.

Participating in an internship or global experience is one of the most exciting and rewarding opportunities you can have while studying at The University of Queensland. At UQ, you can access semester-based exchange, short-term study, and internships experiences all over the world. We will support you through the process, from choosing a program that suits your needs and goals to applying and preparing to go. After returning to UQ, you will have access to a wide range of employability and careers seminars, events and resources to help unpack the learning you have gained from your overseas (or domestic) adventure.





# Why complete an internship or global experience?

- Complement your degree and gain a new perspective on your studies
- Gain real work experience either in Australia or overseas
- Challenge yourself and become more independent
- Discover new career and academic opportunities
- Enhance your employability
- Make new friends from around the world
- Improve your foreign language skills
- Experience a different culture
- Explore the world



# Semester-based Exchange

A semester-based exchange offers you the opportunity to study overseas for a semester or a year, while gaining credit towards your UQ degree. With 130+ exchange partners in 30+ countries, semester-based exchange is an ideal way to combine study and travel. While on exchange, tuition fees at the host university are waived as you remain enrolled at and pay fees to UQ. Travel and living costs will vary depending on where you go, your travel plans and your spending habits. While many of our partner institutions in non-English speaking countries offer a wide range of courses taught in English, exchange is also a great time to improve your foreign language skills or learn a new language.

# Application Deadlines:

- 31 May for Semester 1 of the following year
- 31 October for Semester 2 of the following year

employability.uq.edu.au/global-experiences

# **Short-term Study**

If a full semester or year of exchange is not for you, there are also opportunities to have a global\* study experience during the semester breaks. Many of our international partners offer summer and winter programs where you can immerse yourself in language and culture or take courses that are unique to that institution. By participating in a short-term study experience, you may be able to receive credit towards your UQ degree or you can choose to participate in a program for the experience itself and not receive credit. Shortterm study experiences are a great way to discover more of the world, develop valuable contacts and make the most of your semester breaks.

## **Application Deadlines:**

- 21 April for experiences in Winter (June– July)
- 30 September for experiences in Summer (December–February)
- \* Some virtual programs may be available

employability.uq.edu.au/short-term-experiences





# SHYLAJA Short-term Study (Winter) CISaustralia, Vancouver Island, Canada

new people from different cultural backgrounds, broaden my knowledge and skillset by gaining knowledge from world class professors in a different environment, and to travel abroad at the same time whilst gaining academic credit!



# Opportunities are available in:

Austria Belgium Canada Chile Colombia Czech Republic Denmark Fiji

Finland France Germany Hong Kong SAR

Indonesia Ireland Italy Japan Malaysia Mexico Nepal Netherlands

New Caledonia New Zealand



Norway

People's Republic of China

Peru Poland

Republic of South Korea

Russia Singapore Spain

Sweden

Switzerland

Taiwan

Thailand Turkey UK USA

Vietnam

Experiences and countries can change.



## **HELEN**

International Internships, Indonesia

I have grown immensely professionally, through substantial development of my communication, collaboration and leadership skills, particularly through working in an environment where you are constantly faced with social, cultural and linguistic barriers. Personally, I could never have imagined how much this experience has shaped my own identity. It has further fueled my passion for the promotion and preservation of human rights and justice, and has empowered me to take on any challenge that comes my way.

# Global, Domestic and Virtual Internships

Put your learning into practice and develop your employability while working with host organisations from all over the world. Internships allows you to apply and contextualise your studies in an organisational environment and gain a competitive edge in the job market.

Not only will you discover workplace processes and communication, but you will build your interpersonal skills and be exposed to a new professional network.

Undertake an extra-curricular internship (domestic, global or virtual) with one of our approved partners.

By participating in an internship, you may be able to receive credit towards your UQ degree.

**Application Deadlines:** 

- 21 April for experiences in Winter (June– July)
- 30 September for experiences in Summer (December to February)

employability.uq.edu.au/work-experience

# Embassy Internship Program

Intern with a number of international embassies in Canberra over the summer and winter semester breaks. This internship represents a fantastic opportunity for students interested in experiencing an international culture and society, diplomacy, international relations and business.

Gain exposure to the working environment of an International Embassy and help strengthen relations between The University of Queensland and international embassies.

employability.uq.edu.au/get-edge/internships/uq-embassy-internship-program

"I believe that this internship opportunity should be considered by anyone interested in international relations."

Mercedes, Embassy Internship Program

## **MERCEDES**

Embassy Internship Program Embassy of Costa Rica

Due to the frequent writing tasks I was given whilst in the embassy, I had the opportunity to write in Spanish using varying levels of professionalism and I feel far more comfortable and confident in my Spanish skills. My vocabulary in Spanish also expanded significantly through the vast amounts of legal documents that I had to read or translate. The skills I received throughout this experience were not only through the workload itself but also in the way I should hold myself in a professional and corporate setting, from rules of etiquette to more effective and clear ways of communication.



# **Financial support**

Wondering how you will finance your internship or global experience? Check out these options.

## Internships and Global Experiences Grant

Student Enrichment and Employability Development manages the Internships and Global Experiences Grant to support student participation in internships and global experiences. The grants are awarded to enable as many UQ students as possible to enhance their employability through supported experiences.

The purpose of the Grant is to encourage and support the participation of students who have never undertaken an enrichment experience due to a lack of financial means to do so

If you apply to participate in an exchange, short-term study or internship experience, for credit or not-for-credit, you will be automatically considered for this grant.

Additional funding for specific disciplines may also be available through your UQ School or Faculty.

employability.uq.edu.au/financial-support

#### Centrelink

You may be able to continue receiving Centrelink payments while studying overseas if you are receiving credit towards your degree program.

#### **OS-HELP loan scheme**

The Australian Government provides financial assistance to eligible students to undertake part of their course of studies overseas. The overseas study must count as credit towards your current UQ program. Once paid, the OS-HELP loan is consolidated with your accumulated HELP debt. The amount of the loan varies depending on the location of study. Check the OS-HELP website for the latest loan amounts.

my.uq.edu.au/os-help

#### **New Colombo Plan**

The Australian Government's New Colombo Plan (NCP) encourages Australian undergraduate students to study at a university in the Indo-Pacific region through two different schemes. The NCP Scholarships, valued at up to \$120,000, are prestigious scholarships for high-achieving students from any discipline. The NCP Mobility Program awards \$1000 to \$7000 depending on the project. Awardees must undertake a study or internships experience for which they will receive credit.

employability.uq.edu.au/financial-support/new-colombo-plan-funding

## Westpac Asian Exchange Scholarship

The Westpac Asian Exchange Scholarship, valued at \$12,250 each, offers Australian students an international experience to help develop their cross-cultural thinking and leadership skills, as well as access to networking opportunities with Australia-Asia thought leaders.

scholarships.uq.edu.au/scholarship/westpac-asian-exchange-scholarship



### **SAMUEL**

London School of Economics, UK

I received a \$1k widening participation grant as well as an additional \$7k OS HELP loan (\$8k total). I am very grateful to have received this financial assistance as it helped me afford to participate in this amazing experience. Reflecting on the experience now, I got so much out of it both personally and think it was well worth the money.



# Other enrichment experiences

Complement your university study with enrichment activities designed to help you take your new knowledge outside of the classroom.

## Career development

Engage in a range of career development programs and events designed to enable you to effectively understand and articulate your value to future employers, and connect with industry partners

Access a range of online resources, networking opportunities and development programs to give you the edge when preparing for your future career or for when you are applying for that next position

employability.ug.edu.au/find-a-iob

### **Research Programs**

Research Experience Programs offer an educational research experiences that enable you to team up with some of the University's leading researchers to discover solutions to global challenges. Opportunities are available on our website.

### **Student-Staff Partnerships**

The Student-Staff Partnerships program empowers students and staff to collaborate as equal partners and mutual learners. Contribute your perspectives and connect with diverse students and staff members to effect change and enhance the University experience. You can participate in three different streams: SSP Projects, Student Representation and Student Voice

employability.uq.edu.au/student-staff-partnerships

# More resources and links

Employability Week

employability.uq.edu.au/employability-week

DiversityHub

employability.uq.edu.au/diversityhub

Entrepreneurship

ventures.uq.edu.au

Volunteering

employability.uq.edu.au/volunteering

Mentoring

employability.uq.edu.au/mentoring

Leadership programs

employability.ug.edu.au/represent-ug



# Find out more

Find out more about how you can get the edge through these programs and more.



employability.uq.edu.au/global-experiences



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